

Orienteering

Newcastle and Tyneside

Club Championships

2018

The award of club champion in age classes will be based on the results of the Northern Navigators event at Edges Green (north of Haltwhistle & the Wall) on 23rd September.

The event is to be run under NEOL rules and therefore is likely to have the courses recommended for this league (see [NEOA](#)). Club members may enter any course of their choosing. Their result is subjected to application of three factors to obtain the score on which the declaration is made. The three factors are:

- 1) Speed: minutes per km. on their chosen course*
- 2) Their age class*
- 3) Course difficulty*

Thus a runner needs to balance likely performance in choosing their course. Factor tables are available at: <http://www.newcastleorienteeing.org.uk/docs/ClubChamps15.pdf>

Runners will also need to consider how their choice will affect scoring in the NEOL tables should they be intending to score there.



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