

Morpeth Urban Race 10th June 2018

Final Details v3

Travel: Central Morpeth will be closed to traffic from 7am to 7pm on Fair Day.

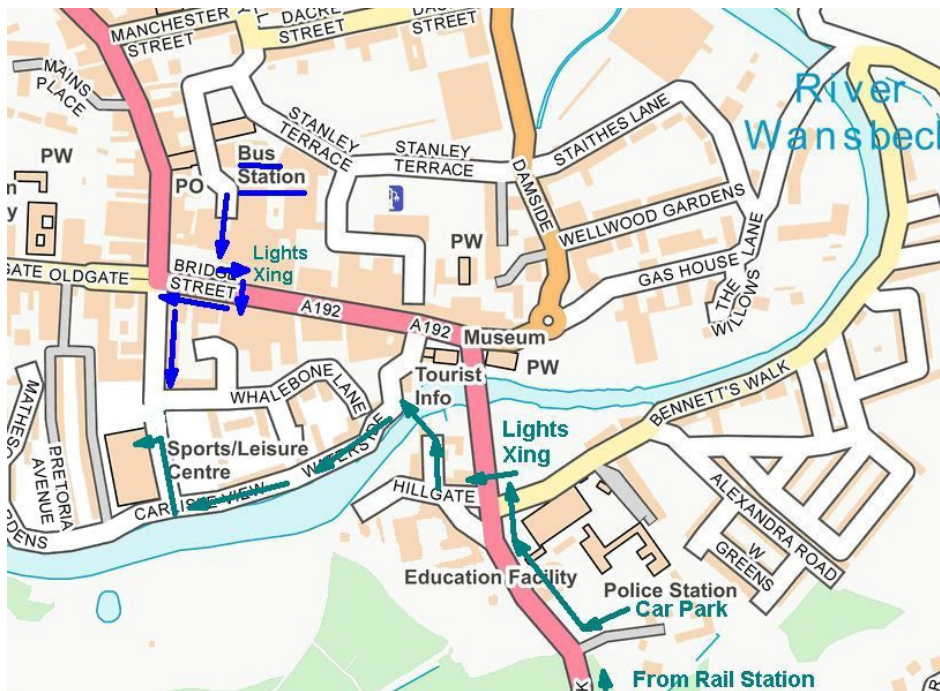
From the South: Leave the A1 northbound signed Morpeth B1337 (some maps show A197). Forward through Clifton and forward past Morpeth Fair Dedicated Park & Ride site. First exit (A192) descending at the next roundabout. Turn in right just before the tower building.

From the North: Follow diversion signs from Newgate Street. Join the A192 at Telford Bridge (large church) and turn in left just after the large tower.

N.B. Southbound from the south end of A1 Morpeth by-pass there is no turnback into Morpeth before Stannington. (1.5 miles)

Car parking: Open from 8:30 a.m. Dedicated orienteering event parking has been arranged in the grounds (hard standing) of the former police HQ and courthouse at NZ201856 / NE61 1YJ (500 m. to assembly). £2 donation to Morpeth Lions for marshalling help. If the car park fills, you may be diverted to the Fair Park & Ride (see below)

Route to Assembly:



Please use these directions from the car parking to assembly.

Alternatively use free Fair Day Park & Ride operating between 9:30 a.m. & 4:30 p.m. from County Hall to Morpeth Bus Station (500 m. from assembly).

Rail: Morpeth Railway Station 400 m. walk to car park above, then 500 m. to assembly. Walking Routes

Bus: Morpeth Bus Station 500 m. from assembly to registration. Bus services might be subject to traffic controls.

Assembly: Riverside Leisure Centre, New Market NE61 1PR for registration, bib collection, changing, toilets, showers, clothing deposit, cake stall. First Aid by qualified NATO club members and the Sports Centre Staff. The nearest A&E is Wansbeck Regional Hospital. Maps will be available at registration.

Registration: Open 9:30 am. - 12:30 pm.

Please collect your race bib from registration before running

EOD available subject to limited map availability.

Punching: SPORTident Electronic, SIAC enabled. Dibber Hire (non SIAC) £1 (per event). Loss charge £40

Starts: Within 100 m. of Event Centre: 11:00 am. - 1.00 pm Courses Close: 3:00 p.m. Cross the nearby footbridge and look left. Please give way to the general public.

No allocated start times. It is a Punching start. but please work within your requested time slot.

Early start 11.00 – 11.40, Middle start 11.40 – 12.20, Late start 12.20 -13.00

Courses: Course Lengths. Senior courses are a little longer than many urban races have been of late.

Courses 1 through 5 are planned to be won in around 50 minutes.

Course Notes

Course	Controls	Length (Km)	Climb (m)	Men	Women
1	26	8.8	140	Open	
2	23	8.0	125	MV (40+)	Open
3	20	7.0	95	MSV (55+)	WV (40+)
4	18	5.5	85	MUV (65+)	WSV (55+)
5	16	4.0	50	MHV (75+)	WUV (65+) WHV (75+)
6	18	2.9	65	MJ (16-)	WJ (16-)
7	14	2.0	20	MYJ (12-)	WYJ (12-)

PLEASE NOTE !

Timed out section. Courses 1 through 6 will have a timed out road crossing for safety reasons.

Some runners may find they have a prolonged delay if it is deemed unsafe to cross the Fair Parade - motor bikes and vintage cars.

It will be controlled by race marshals who will try to keep runners moving but will give safety their first priority.

Punch the control and follow the marshals instructions. Anyone disobeying a marshal's instructions will be disqualified – safety should not be compromised.

Distance shown are direct line. Expect to cover up to 50% extra depending on route choices.

Course 7 has a loop and one control is visited twice. Please remember to punch it both times.

Prize giving. The time and venue will be announced at Registration.

Safety: Roads are not closed but not those encountered are not expected to be busy. However, take care and look when crossing. Roads which normally carry busy traffic are shown in a darker shade of brown. All courses will cross parts of the Morpeth Fair which may be quite busy.

Please take care, especially when turning corners or entering/exiting alleyways. In all areas, please be courteous to everyone.

Courses 6 & 7 have an additional road crossing which will be manned. Obey the Marshals.

Descriptions: Descriptions will be IOF Symbols for all courses and printed on the map. There will also be loose descriptions at the Start.

Map: 1:5,000 5m contours. Drawn to ISSOM2007.

Courses 1 thru 4 will be A3 double sided. Complete the course on side one then turn map over for the rest of the course.

Course 5 will be A3 single sided. Courses 6 & 7 will be A4 single sided.

Special symbols used:

Black X – seat or picnic table (not shown where it would detract from other, more important detail)

Black O – exercise equipment Blue X – prominent manhole cover

Green dot – Individual Tree or Bush.

(clumps of trees are shown as forest or semi open, depending on how well spaced I think they look)

In some parts of the housing estates, gardens do not have fences etc. They have been marked as “settlement, Out of Bounds”. It is difficult to tell sometimes if it is private or public – if it looks like it might be someone’s garden, don’t run on it.

There is a large area of woodland and fields in the centre of the area which is private. It is marked with the purple vertical line OOB screen. It may be crossed only on the marked paths.

Juniors, especially, remember that at 1:5,000 and 5m contours, some of the slopes are unexpectedly steep and slippery. Think about planning routes which use paths on them.

If any SI Box is found to not be working, please use the attached punch to punch your map (anywhere) and report it at download.

Finish: Approx. 100m from the Leisure Centre where Download is situated. Follow tapes.

Terrain: Market town with an ornamental park and school grounds all set in a river valley, surrounded by modern and traditional housing estates.

All courses will pass through a fairly crowded street fair.

Dogs: Under close control. Bear in mind the busy streets.

Officials: Weekend Coordinator/Day Organiser: John Crosby email: nsoaAThotmail.co.uk

Planner: Adrian Barnes (NATO)

Controller: Chris Mackenzie (CLOK)

Safety: Remember you orienteer at your own risk. Please bring your own requirement of water.

Our special thanks to our sponsors

MY PET GROOMERS and START FITNESS/MOREMILE

and to Morpeth Fair Day Committee for their welcome

Karbon Homes for access

