

THE WRITE TRACK EXTRA

Newsletter of



Orienteering

Newcastle and Tyneside

Navigating from Tyne Banks to Tweed

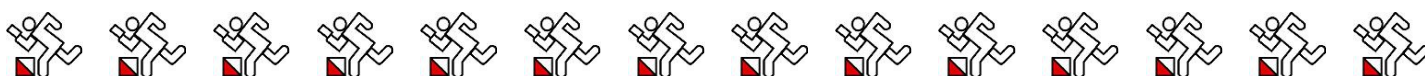


Issue 2015/41

February 2015

Editorial

This extra edition of The Write Track is published to bring a number of information and request items to the notice of the membership.



World Orienteering Championships ~ Scotland



Hopefully you are already aware that we, as a club, have volunteered to provide help for the first day of the World Orienteering Championships on 1st August in Nairn, which includes the Opening Ceremony and Mixed Sprint Relay. Alasdair Wilson Craw will coordinate our effort, firstly collecting names and details of the many of you we hope will be able to help and thus

get first hand experience of this exciting event. The British Champs you helped with last year was low-key in comparison.

The entries for the 6 days have been open for some time now. If you are stuck for accommodation he has some spare room in a cottage in Nethy Bridge. If that could be useful for one or more nights please get in touch. (awilson.craw@blueyonder.co.uk).

Tel 0191 2662327

Please also use this address to let him know that you will be able to help on 1st August or are a possible. Note that volunteers could be needed to help set up early in the day as well as the main event mid afternoon onwards. A quick reply will be useful.

He'll let you all know the scope of the jobs we'll be doing. This will be clearer after 20th February but some will be marshalling, meeting and greeting and some will be a bit more involved. Thanks to those who have already advised their availability

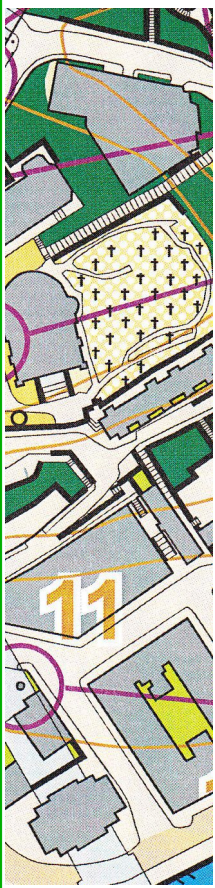
Club Equipment



Rather than try to organise a day to repair mend the Club's equipment, this year Patrick is still looking for volunteers but for a more leisurely task. He would like to find a couple of people willing to repair equipment (specifically the punch canes and kites) in the peace and quiet of their own homes and as and when it suits them! This will be over the months of March and April.

THE TYNESIDE TREBLE

11th & 12th July 2015



The Club has been looking to stage an urban race as part of one of the major leagues for some time. This year we were asked to include our race not only in the UK Urban League but also in the UK O League. As part of the latter we were also asked to stage a sprint relay - a new format for the sport recently included in World Cup Meetings. The small co-ordinating group have also decided to include an informal race in the weekend. Hence TYNESIDE TREBLE was conceived; the birth date is 11th/12th of July.

This represents a major effort for the Club: A sprint relay on the Saturday afternoon (hopefully at Killingworth), an informal event on the Saturday evening and a classic urban race on the Sunday on Newcastle Quayside. It goes without saying that we will be hunting for volunteers to help on the day. More on this and how to enter at a later date. At this stage the officials are all in place but I am looking for a couple of individuals to act as "Team Leads" co-ordinating helpers/events in one of the locations. If you would like to offer your services in one of these key roles please let Patrick know.

In Hand (9/2/15)

Type	Size	Number
Short Sleeve	140	1
	150	2
	S	3
	M	3
	XL	3
Long Sleeve	150	3
	M	2
	XL	3
Women's		
Short Sleeve	M	2
Long Sleeve	XL	3
Badges		Lots

Club Kit

A new part delivery of O Tops has been received available from Carole Firth: (carole@ssdcentre.f9.co.uk).

They can be long or short sleeved or tailored for women as listed and cost £24.

We also have 4 blue hooded fleece tops at £24 (1 youth XL and adult 1S 1M 1L)

and a lightweight M rain top (no hood) at £32.

If interested ask to try on.



Coaching Day

Patrick plans to hold a Club Coaching Day at South Beach (North End) on Sat. 14th March ~ the day before the CompassSport Trophy heat, so here is a chance to practise on complicated contour detail. The intention is to teach skills at TD4 (Light Green standard) concentrating on contour work, identification, macro/micro navigation and relocation with some exercises at TD3 level for the younger members of the Club.

Times are from 10:00 till 2:00 with a break for lunch. Hopefully there will be access to a classroom with a kettle. Anyone with questions please give him a shout at some point!

Event Entry Fees

At the request of the Committee, Club Treasurer John Crosby has put together a plan to standardise club event entry fees as follows:

	Seniors	Juniors	School Children	Family
Lop events	£2.00	£1.50	£1.00	£3.00 (note 1)
Evening events	£4.00	£3.00	£1.50	
Evening events with SI	£5.00	£3.00	£1.50	
Level D events	£5.50	£3.50	£2.50	
Level D events with SI	£6.50	£3.50	£2.50	
Level C events	£6.00	£4.00	£3.00	
Level C events with SI	£7.00	£4.00	£3.00	
Level C events + SI + hire	£7.50	£4.50	£3.00	

Level A and B fees to be decided within event budget.

1) Family is 1 or more adults plus 1 or more children or combinations thereof. (If a child is registered and an adult is with them this is a family and charged at £3.00 They each have a map) No family rate at moment at evening events

Level D and C events 2nd and subsequent children at £1.50 each

Saturday Lop Series 2015

The Saturday Lop Series aims to offer low key local events on a Saturday morning, with a league to encourage participation and competition. We already have planners sorted for most of the series and the first event is at Rising Sun on 28th March, with starts from 10:30 to 11:30 a.m. Just turn up and run.

There will be 3 courses on offer: yellow, orange and long orange. You can run any of these courses and still score points for the league – a penalty / bonus system will operate if you choose to run 'out of class' (see below).

League Classes

Men Open	M18-35	Long Orange	Supervet Women	W55+	Orange
Women Open	W18-35	Long Orange	Junior Men	M16-	Orange
Veteran Men	M40+	Long Orange	Junior Women	W16-	Orange
Veteran Women	W40+	Long Orange	Young Junior Men	M12-	Yellow
Supervet Men	M55+	Orange	Young Junior Women	W12-	Yellow

Scoring

There will be 100 points for the winner of each course, 99 for second, 98 for third etc. If running up you get 5 bonus points (10 for running up 2); if running down you get 5 penalty points (10 for running down 2). People who plan an event will automatically be awarded 100 points for that event.

We hope that club members will support these events, many of them being planned by juniors in the club. Why not bring along friends or relatives to try the sport? Dates have been arranged to fill gaps in the O calendar when there is nothing else local that weekend. Come along and give them a try.

Feedback from Club Questionnaires from Tricia Davies (Club Captain)

Thanks to all who responded to the club questionnaires at the end of the year. In the end we had responses from 35 club members, with a good cross-section of individuals and families. I don't intend to bore you with a long list of statistics, but will endeavour to give you an overview of the responses.

The majority of us are most likely to orienteer at a wide range of events within the NE region, although there are quite a lot of members who will travel further afield for multi-day events like the JK or Scottish 6-Days. There was a lot of interest in attending a Club weekend involving events and training – something that we have tried successfully in the past and will aim to arrange again. Opinions about accommodation were split across the range, although most favour hotels, guest houses and B&Bs.

To provide for the high numbers of people who want to orienteer locally, we have set up a series of low-key Saturday morning events in the Newcastle area on weekends when there is no local Sunday event. These will be known as the Saturday Lop Series and start at the end of March – see article elsewhere in Write Track.

As far as social events are concerned, there is support for our current buffet/quiz night, but even greater interest in a club dinner, something we hope to arrange around May this year. In addition, a lot of members would like an après O drink or pub meal – certainly worth considering when organising future events. There was a request for club nights to have a variety of locations, but the current Prudhoe set-up is dictated by venue and where the organisers live, so if you fancy setting up something nearer to your home.....

Thanks to those who filled in the offer of event organisation and planning – I have passed on the names of those of you who are new to this and hope you are taking advantage of the Wednesday night training sessions that have been organised for officials.

Finally, the committee is looking at your suggestions for improvement and will try to address them wherever possible. These include:

Better communication

Clear action plan

A skills log for club members

On line chat forum

A Members Profile article in each Write Track – like the 'Know Your Class Leader' series in Compass Sport.